

- 2023 -

NOVEMBER

WEDNESDAY

THURSDAY

FRIDAY

MONDAY

TUESDAY

Breakfast

Breakfast after the bell: breakfast is offered for students until 20 minutes after the start of school.

Items underlined are made from scratch

Items with ** are made with local foods

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

6

**Strawberry Oatmeal Bar
Yogurt
Fresh Fruit
Milk

7

**Breakfast Taco
Fresh Fruit
Milk

8

**Chunky Muffins
Fresh Fruit
Milk

9

**Banana Bread
Fresh Fruit
Milk

10

**Breakfast Bake
Toast
Fresh Fruit
Milk

13

**Pumpkin Bread
Fresh Fruit
Milk

14

**Blueberry Muffin
Fresh Fruit
Milk

15

Scrambled Eggs
**Sausage Patty
Toast
Fresh Fruit
Milk

16

**Pancakes w/ syrup
Fresh Fruit
Milk

17

**Cinnamon Roll
Fresh Fruit
Milk

20

**Breakfast Cookie
Fruit Parfait
Fresh Fruit
Milk

21

Cereal
Cheerio Bar
Fresh Fruit
Milk

22

No School

23



24

No School

27

Cereal
Yogurt
Fruit
Milk

28

Chocolate Chip Bread
Fresh Fruit
Milk

29

Breakfast Quesadilla
Fresh Fruit
Milk

30

Pumpkin Chocolate Muffins
Fresh Fruit
Milk